



PUNJAB PUBLIC SERVICE COMMISSION
BARADARI GARDENS, PATIALA-147001
WEBSITE : <http://ppsc.gov.in> Fax: 0175-5014831

Public Notice

**PUNJAB STATE CIVIL SERVICES COMBINED COMPETITIVE
EXAMINATION- 2020.**

Information regarding plan of physical tests for the posts of Deputy Superintendent of Police/Deputy Superintendent of Jails(Grade-II)/ District Probation Officer (Jails)

1. It is for the information of the candidates who have qualified for interview and had given the preference for the Posts of **Deputy Superintendent of Police/Deputy Superintendent of Jails(Grade-II)/District Probation Officer (Jails)** that the physical tests for the ibid posts will be conducted on 16/6/2021 at Polo Ground Patiala as per following details:
2. Venue and reporting time:
 - a) Venue: Polo Ground, Upper Mall, Patiala
 - b) Date of Physical Test: 16/06/2021
 - c) Reporting time: 5:15 AM
3. Only 139 candidates (Male 82 and Female 57) among those who had given the preference and have been found eligible for the posts of **Deputy Superintendent of Police/Deputy Superintendent of Jails(Grade-II)/District Probation Officer (Jails)**. The list of such candidates is attached as Annexure-A.
4. The candidates are advised to report at the time specified, failing which they shall be marked absent and declared ineligible for the said posts. Candidates must also bring with them ONE PHOTO ID as a proof of identity. The candidates are also advised to keep their ID with them because it may be checked any time during the physical test.
5. Candidates are strictly advised against the use of any type of stimulants.

6. All the candidates are required to submit a Medical Fitness Certificate from a Registered Medical Officer as per proforma attached as Annexure-B before the commencement of the Physical Test on 16/06/2021.
7. The details of Physical Measurement and Physical Tests are as Under:

List of events for Physical Test for the Post of Deputy Superintendent of Police and Deputy Superintendent of Jails Grade-II/District Probation Officer (jails)

Sr. No.	Events for Male Candidates	Events for Female Candidates
1.	1600 meters race: To be completed within 07 minutes 30 seconds (only one attempt)	800 meters race: To be completed within 04 minutes 45 seconds (only one attempt)
2.	Long Jump : Minimum 3.60 meters (Three attempts only)	Long Jump: Minimum 3.00 meters (Three attempts only)
3.	High Jump : Minimum 1.15 meters (Three attempts only)	High Jump : Minimum 1.00 meter (Three attempts only)
4.	Vertical Rope: 2.0 Meters climb from the ground (Three attempts only)	Shuttle : Running between two parallel lines 10 meter apart, five times in 20 seconds (one attempt only)

Physical Measurement for the posts of Deputy Superintendent of Police and Deputy Superintendent of Jails(Grade-II) District Probation Officer (Jails)

Minimum Height		Chest Measurement	
For Men	For Women	Applicable for men only	
		Unexpanded	Expanded
5 feet 7 inches	5 feet 3 inches	33 inches	34.5 inches

Note: 1 Candidates have to mandatorily qualify the physical Test mentioned at **Serial No.1 in the table above**. In addition the candidates have to qualify any two

physical test events of the three physical test events mentioned above at serial No. 2,3 and 4.

Note:2 If a candidate falls down during the race, he/she should get up and complete the race in the given time, since there is no second attempt for the race.

8. No exception can be made to submission of Medical Fitness Certificate. The certificate is primarily in the candidate's interest. If some candidate is unable to get the physical fitness report from a Medical Officer, he may still take part in the Physical Test on his own risk, since that is no excuse to get the test postponed to some other date.
- 9 The Commission shall not be responsible for any injuries that may be sustained to any candidate during the course of Physical Tests.
10. Any candidate who does not appear for the Physical Test, as per given schedule, his/her candidature for the Post of DSP/DS Jail will stand cancelled.
11. List of candidates who have opted for the posts of DSP/DSJail but found ineligible for these posts for physical test due to excess age is uploaded as Annexure-C.

Sd/-

Navreet Kaur Sekhon, PCS
Secretary Examination

Date: 07/06/2021