



PUNJAB PUBLIC SERVICE COMMISSION

BARADARI GARDENS, PATIALA-147001

WEBSITE : <http://ppsc.gov.in>

Fax: 0175-5014831

Public Notice

PUNJAB STATE CIVIL SERVICES COMBINED COMPETITIVE EXAMINATION- 2020.

1. It is for the information of the candidates that Physical Test for the Posts of Deputy Superintendent of Police/ Deputy Superintendent Jail Grade-II shall be held tentatively from 20/05/2021 .
2. The details of Physical Measurement and Physical Tests are as under:

Physical Measurement

Minimum Height		Chest Measurement	
For Men	For Women	Applicable for men only	
		Unexpanded	Expanded
5 feet 7 inches	5 feet 3 inches	33 inches	34.5 inches

Physical Tests

Sr. No.	Events for Male Candidates	Events for Female Candidates
1.	1600 meters race: To be completed within 07 minutes 30 seconds (only one attempt)	800 meters race: To be completed within 04 minutes 45 seconds (only one attempt)
2.	Long Jump : Minimum 3.60 meters (Three attempts only)	Long Jump: Minimum 3.00 meters (Three attempts only)
3.	High Jump : Minimum 1.15 meters (Three attempts only)	High Jump : Minimum 1.00 meter (Three attempts only)
4.	Vertical Rope: 2.0 Meters climb from the ground (Three attempts only)	Shuttle : Running between two parallel lines 10 meter apart, five times in 20 seconds (one attempt only)

2. The detailed schedule of the Physical Test will be uploaded on the website of the Commission after declaration of the result of the Mains Examination tentatively on 15th May.
3. The interviews of PUNJAB STATE CIVIL SERVICES COMBINED COMPETITIVE EXAMINATION- 2020 shall be conducted in the month of June, 2021.

Sd/-

**Navreet Kaur Sekhon, PCS
Secretary Examinations**

Date: 27/04/2021