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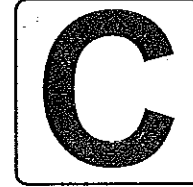
T. B. C. : AM – I

Test Booklet Series

Serial No.

1091

TEST BOOKLET
AYURVEDIC MEDICAL OFFICER
PAPER – I



Time Allowed : 1½ Hours

Maximum Marks : 100

: INSTRUCTIONS TO CANDIDATES :

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET DOES NOT HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES A, B, C OR D, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. This Test Booklet contains **100** items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
5. You have to mark (darken) all your responses (answers) **ONLY** on the **separate Answer Sheet** provided, by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
6. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. **There will be negative markings for wrong answers.** 25 percent of marks allotted to a particular item (question) will be deducted as negative marking for every wrong response (answer).
7. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your **Admission Certificate**.
8. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the *Answer Sheet* issued to you. You are allowed to take with you the candidate's copy/second page of the Answer Sheet along with the *Test Booklet* after completion of the examination for your reference.

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1. According to Vagbhata upaveshana samskara is done in the month of :
 (A) 4th month
 (B) 5th month
 (C) 6th month
 (D) 7th month
2. Which one of the following text first described the concept of vichitra pratyarabda ?
 (A) Charaka Samhita
 (B) Sushruta Samhita
 (C) Astanga Hridaya
 (D) Bhava Prakash
3. According to Vagbhata Pumsavana karma is advised in :
 (A) 4 months before pregnancy
 (B) After 4th week of pregnancy
 (C) After 4th month of pregnancy
 (D) None of these
4. The number of chapters in Astanga Hridaya are :
 (A) 80
 (B) 120
 (C) 140
 (D) None of these
5. The statement 'Mahat Grandhito Arbudam' is said by :
 (A) Charaka Samhita
 (B) Sushruta Samhita
 (C) Astanga Hridayam
 (D) Sharangadhara Samhita
6. The drug 'Ayush 64' is used in the disease of :
 (A) Sleepad
 (B) Malaria
 (C) Both of these
 (D) None of these
7. Udupa Committee was formed in the year of :
 (A) 1955
 (B) 1958
 (C) 1959
 (D) 1966
8. The author of Rasa Ratna Samuccaya is :
 (A) Govinda Bhagavatpada
 (B) Sadananda Sharma
 (C) Vagbhata
 (D) Somadev
9. The period of Bhaishajya Ratnavali is :
 (A) 14th Century
 (B) 16th Century
 (C) 18th Century
 (D) 20th Century
10. Ayurveda is the Upaveda of :
 (A) Rig veda
 (B) Yajur veda
 (C) Sama veda
 (D) Atharva veda

11. Ashtanga Hridaya has not included which one of the following in Murdha taila ?
- (A) Siro-abhyanga
(B) Siro-seka
(C) Siro-basti
(D) Siro-sneha
12. According to Ashtanga Hridaya 'Brahmayed-aushadhaaharairameda Mutralaihi" — line of treatment has been mentioned in the context of which one of the following disease ?
- (A) Krishna Prameha
(B) Sthula Prameha
(C) Avruta Prameha
(D) Kaphaja Prameha
13. According to Vagbhata vasti in garbhini is advised in the month of :
- (A) 6th month
(B) 7th month
(C) 8th month
(D) 9th month
14. Anjali pramana of sthanya according to Vagbhata is :
- (A) 1
(B) 2
(C) 3
(D) 4
15. According to Vagbhata first netra upakrama is :
- (A) Tarpana
(B) Aschyotana
(C) Puta paka
(D) Vidalaka
16. In children the dantodbhava janya netra roga is :
- (A) Utsangini
(B) Ajaka jata
(C) Kukkunaka
(D) Pakshma kopa
17. Anyato vata is :
- (A) Nasa roga
(B) Shiro roga
(C) Netra roga
(D) Hrid roga
18. Agnikarma is not indicated in :
- (A) Parisravi bhagandhara
(B) Ustra greeva
(C) Shataponaka
(D) Unmargi
19. The place of Ranjaka pitta according to Astanga Hridaya is :
- (A) Amashaya
(B) Hridaya
(C) Yakrit pleeha
(D) Puppusa

20. According to Vagbhata which one of the following danta dhavana kasta is not recommended ?
- (A) Babbula
(B) Nimba
(C) Peelu
(D) Arka
21. Poor man's meat is :
- (A) Pulses
(B) Cereals
(C) Goat's meat
(D) Chicken
22. Daily dose of Vit. B₁₂ is :
- (A) 1 mg./day
(B) 2 mg./day
(C) 2-3 mg./day
(D) 500 IU/day
23. Coconut water contains rich amount of :
- (A) Sodium
(B) Potassium
(C) Chloride
(D) Carbohydrate
24. Which is the body building material ?
- (A) Fat
(B) Carbohydrate
(C) Protein
(D) Minerals
25. In which Ritu, Rasala and Raga shadav are advised ?
- (A) Vasanth
(B) Greeshma
(C) Sharad
(D) Varsha
26. In which one of the following Champaka Agada is used ?
- (A) Spider bite
(B) Rat bite
(C) Dog bite
(D) Snake bite
27. A snake bite patient shows haemoptysis and haematuria. This patient is of which one of the following damsas ?
- (A) Rajika damsas
(B) Darvikara damsas
(C) Mandali damsas
(D) Vaikaranja damsas
28. The anti dote of datura is :
- (A) Naloxone
(B) Pilocarpine
(C) Potassium ferrocyanide
(D) Curare
29. Dushi visa asraya is :
- (A) Dosha
(B) Dhatu
(C) Mala
(D) Srotas

30. Number of stavara visha adhistana are :
- (A) 3
(B) 7
(C) 10
(D) 16
31. The composition of Agni is :
- (A) Raja + Tama
(B) Satva + Raja
(C) Raja + Kapha
(D) Satva + Tama
32. Pace maker of the heart is :
- (A) A. V. Node
(B) S. A. Node
(C) Both of these
(D) None of these
33. Which one of the following groups contains qualities of kapha ?
- (A) Guru, Snigdha, Madhura, Picchila
(B) Kshara, Visada, Sheeta, Sukshma
(C) Katu, Sara, Teekshna, Drava
(D) Vyavayi, Vikasi, Laghu, Tikta
34. Which one of the following set describes the five types of Kapha ?
- (A) Avalambaka, Kledaka, Bhodhaka, Alochaka, Sleshaka
(B) Kledaka, Sleshaka, Brajaka, Avalambaka, Tarpaka
(C) Avalambaka, Kledaka, Bhodhaka, Tarpaka, Sleshaka
(D) Tarpaka, Avalambaka, Udana, Sleshaka, Kledaka
35. A detailed description on nadi pariksha is first mentioned by :
- (A) Charaka Samhita
(B) Sushruta Samhita
(C) Sharangadhara Samhita
(D) Bhavaprakasha
36. Liver and Spleen derived from which one of the following ?
- (A) Matrujabhava
(B) Pitrujabhava
(C) Atmajabhava
(D) Rasajabhava
37. Sarva sharira vyapi kala is :
- (A) Mamsadhara kala
(B) Raktadhara kala
(C) Pittadhara kala
(D) Shukradhara kala
38. Which one of the following skin is the seat for Sidhma, Padma and Kantaka ?
- (A) Lohita
(B) Avabhasini
(C) Tamra
(D) Vedini
39. Which nerve is mostly affected in the common fracture at the neck of the Humerus ?
- (A) Radial Nerve

- (B) Ulnar Nerve
(C) Auxillary Nerve
(D) Median Nerve
40. Which one of the following does not related to Kurcha Marma ?
(A) Vaikalyakara Marma
(B) Snayu Marma
(C) Shakti hara Marma
(D) Above the Kshipra Marma
41. Which of the following is vata hara drug ?
(A) Jambu
(B) Mudga
(C) Bala
(D) Yasti madhu
42. Cassia fistula is the botanical name of :
(A) Mudga phala
(B) Tala phala
(C) Deergha phala
(D) Maha phala
43. 'Ratti' is :
(A) Crocus Sativum
(B) Abrous Precatorius
(C) Abutilan Indicum
(D) Crocus Nucifera
44. The substitute for meda and mahameda is :
(A) Varahi Kanda
(B) Ashwagandha
(C) Vidari
(D) Vari
45. Codein extracted part of :
(A) Cannabis
(B) Cinchona
(C) Opium
(D) None of these
46. Panchabhuta compensation of vama dravya :
(A) Pritvi and Teja
(B) Vayu and Teja
(C) Pritvi and Jala
(D) Jala and Vayu
47. The period of Bhava Prakash is :
(A) 11th Century AD
(B) 13th Century AD
(C) 14th Century AD
(D) 16th Century AD
48. Priya Nighantu is written by :
(A) Harana Chandra
(B) Gangadhar Ray
(C) P. V. Sharma
(D) Jyoti Chandra Saraswathy
49. TKDL is dealing with :
(A) Patents
(B) Export
(C) Import
(D) Educate people

50. 'Hridayanam' is :
 (A) Arjun
 (B) Amalaki
 (C) Pathya
 (D) Patha
51. Which of the following drug is contra-
 indicated in Dadru ?
 (A) Suran kanda
 (B) Vidari kanda
 (C) Katphal
 (D) Varahi kanda
52. The rasa of Bringa raja is :
 (A) Katu
 (B) Tikta
 (C) Kashaya
 (D) Madhura
53. According to Charaka the best drug
 in mutrakrichra is :
 (A) Punarnava
 (B) Gokshura
 (C) Veerana
 (D) Chandan
54. Picrocrocin is found in :
 (A) Naga Kesar
 (B) Kesar
 (C) Kutki
 (D) None of these
55. Which of the following drug is not
 related with chaturbhadra group ?
 (A) Ativisha
 (B) Musta
 (C) Guduchi
 (D) Usheera
56. The useful part of Latakasturi is :
 (A) Stem
 (B) Root
 (C) Leaf
 (D) Seed
57. The word phala pippali is related to :
 (A) Kutaja Phala
 (B) Madhana Phala
 (C) Bilva Phala
 (D) None of these
58. "Golden thread root" is :
 (A) Vriddadaru
 (B) Mameera
 (C) Raja bala
 (D) Musta
59. Bhag (Cannabis sativa) is first
 described by :
 (A) Sharangadhara Samhita
 (B) Bhava Prakash
 (C) Priya Nighantu
 (D) Astanga Sangraha
60. The drug Bhumyamalaki is useful in :
 (A) Hidroga

78. The Medium recommended in Bhaishajya Ratnavali in the preparation of Eladi Vati is :
- (A) Milk
(B) Water
(C) Honey
(D) Sura
79. "Eranda Tail" is one of the constituent in which of the following ?
- (A) Simhanada Guggulu
(B) Brihad Saindavadya Tail
(C) Sukumar Ghrita
(D) All of these
80. In Rasa Shastra and Bhaishajya Kalpana "Kasamarda" means :
- (A) One Medicinal Plant
(B) Veshavara
(C) Veshavara Churna Yoga
(D) All of these
81. According to Charaka, which dosha should be treated first in Sannipata jwara ?
- (A) Vata
(B) Pitta
(C) Kapha
(D) Tridosha
82. 'Sirajala' (venous network) appears in which one of the following stages of Udararoga ?
- (A) Ajatodakavata
(B) Picchavasta
(C) Jatodakavasta
(D) None of these
83. Udarda is a nanatmaja disease of which of the following dosha ?
- (A) Vata
(B) Pitta
(C) Kapha
(D) Rakta
84. In which one of the following disease has Aswedam a symptom ?
- (A) Eka Kustha
(B) Mashaka
(C) Dadru
(D) Sidhma
85. Pellagra preventing vitamin is :
- (A) Vit. B
(B) Vit. B2
(C) Vit. B3
(D) Vit. B5
86. Causative organism of Swine flu is :
- (A) H5N1 Virus
(B) H1N1 Virus
(C) H3N2 Virus
(D) H5O2 Virus
87. Sidhartaka snanam is indicated in :
- (A) Ajagalli
(B) Vicharchika
(C) Kusta
(D) None of these

88. Which of the plasmodium mosquito causes cerebral malaria ?
- (A) Pl. Vivax
(B) Pl. Falciparum
(C) Pl. Malaria
(D) All of these
89. Vimarga gamana is the character of :
- (A) Sroto vaigunya
(B) Sroto dusti
(C) Srotavarodha
(D) Khavaigunya
90. 'Guda linga Vyadhi Pariksha' is done with :
- (A) Upashaya
(B) Anupashaya
(C) Both of these
(D) None of these
91. Which of the following is increased in Vatarakta ?
- (A) Serum cholesterol
(B) Serum amylase
(C) Serum glucose
(D) Uric acid
92. The independent chapter as 'Amavata' is first described by :
- (A) Charaka
(B) Sushruta
(C) Astanga Hridaya
(D) None of these
93. Which one of the dosha is not involved in Galaganda ?
- (A) Vata
(B) Pitta
(C) Kapha
(D) Meda
94. The carrier of Dengue fever is :
- (A) Vivax mosquito
(B) Aedes mosquito
(C) Culex mosquito
(D) Anopheles mosquito
95. The best treatment for tamaka shwasa, pakshaghata and udara-roga is :
- (A) Vamana
(B) Virechana
(C) Asthapana
(D) Snehapana
96. Description of dashavidha roga pariksha is mentioned in :
- (A) Cha. Su 1
(B) Cha. Su 10
(C) Cha. Ni 8
(D) Cha. Vi 8
97. Threshold of kidney at which sugar appears in urine is :
- (A) 100
(B) 120
(C) 180
(D) 300

98. Match List – I (Dharaneeyavega) with List – II (Upadrava) and select the correct answer using the codes given below the lists :

List – I	List – II
(Dharaneeyavega)	(Upadrava)
(a) Mutravega Nigrahana	1. Bhrama
(b) Chardivega Nigrahana	2. Shiroroga
(c) Kshudavega Nigrahana	3. Bastisula
(d) Pureeshavega Nigrahana	4. Pandu

Codes :

(A)	(a)	(b)	(c)	(d)
	3	1	4	2
(B)	(a)	(b)	(c)	(d)
	2	4	1	3
(C)	(a)	(b)	(c)	(d)
	3	4	1	2
(D)	(a)	(b)	(c)	(d)
	2	1	4	3

99. Consider the following statements :

- (i) Klaibya is rasaprado-shaja disease.
- (ii) Klaibya is caused by sukra dosha.
- (iii) Gulma is Rakta pradoshaja disease.

Which of the statements given above are correct ?

- (A) (i), (ii) and (iii)
- (B) (i) and (ii)
- (C) (ii) and (iii)
- (D) (i) and (iii)

100. The colour of Sleshma mutrashmari resembles with which one of the following ?

- (A) Madhuka flower colour
- (B) Honey colour
- (C) Kadamba flower colour
- (D) Kernel of Bhllatak fruit
