

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

T. B. C. : AM – I

Test Booklet Series

Serial No. **1038**

B

TEST BOOKLET
AYURVEDIC MEDICAL OFFICER
PAPER – I

Time Allowed : 1½ Hours

Maximum Marks : 100

: INSTRUCTIONS TO CANDIDATES :

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET **DOES NOT** HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES **A, B, C OR D**, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. This Test Booklet contains **100** items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
5. You have to mark (darken) all your responses (answers) **ONLY** on the **separate Answer Sheet** provided, by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
6. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet. **There will be negative markings for wrong answers.** 25 percent of marks allotted to a particular item (question) will be deducted as negative marking for every wrong response (answer).
7. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions sent to you with your **Admission Certificate**.
8. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the *Answer Sheet* issued to you. You are allowed to take with you the candidate's copy/second page of the Answer Sheet along with the *Test Booklet* after completion of the examination for your reference.

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1. "Chandrarka" is prepared by the process of :
 - (A) Fermentation
 - (B) Percolation
 - (C) Distillation
 - (D) None of these
2. What will be the water reduction part in the preparation "Ushnodak" ?
 - (A) 1/8 part
 - (B) 1/4 part
 - (C) Simply boiling
 - (D) All of these
3. The pharmaceutical "characteristic feature of Druti" is :
 - (A) Samyogascha parad
 - (B) Asamyogascha parad
 - (C) Both of these
 - (D) None of these
4. "Laghu Malini Vasanta Rasa" consists of which of the following ?
 - (A) Rasaka, Maricha, Navanita, Triphala nira
 - (B) Kharpara, Nagaram, Navanita, Vasa nira
 - (C) Rasaka, Maricha, Navanita, Nibu nira
 - (D) Parada, Gandhaka, Swarna, Pravala, Kumari nira
5. As per the general principles of Snehakalpana, the preparation "Ksheera Bala Taila" has to be completed within :
 - (A) One day
 - (B) Two days
 - (C) Three days
 - (D) Four days
6. Tejoyantra has been recommended in connection with :
 - (A) Sandhan Kalpana
 - (B) Paradsamskar
 - (C) Gandhak Shodhana
 - (D) Satvapatan
7. In Hastidantamasi Kalpana who has advised to add Mutra ?
 - (A) Bhavamishra
 - (B) Sushruta
 - (C) Sarangadhar
 - (D) All of them
8. The Medium recommended in Bhaishajya Ratnavali in the preparation of Eladi Vati is :
 - (A) Milk
 - (B) Water
 - (C) Honey
 - (D) Sura
9. "Eranda Tail" is one of the constituent in which of the following ?
 - (A) Simhanada Guggulu
 - (B) Brihad Saindavadya Tail
 - (C) Sukumar Ghrita
 - (D) All of these

10. In Rasa Shastra and Bhaishajya Kalpana "Kasamarda" means :
- (A) One Medicinal Plant
(B) Veshavara
(C) Veshavara Churna Yoga
(D) All of these
11. According to Vagbhata upaveshana samskara is done in the month of :
- (A) 4th month
(B) 5th month
(C) 6th month
(D) 7th month
12. Which one of the following text first described the concept of vichitra pratyarabda ?
- (A) Charaka Samhita
(B) Sushruta Samhita
(C) Astanga Hridaya
(D) Bhava Prakash
13. According to Vagbhata Pumsavana karma is advised in :
- (A) 4 months before pregnancy
(B) After 4th week of pregnancy
(C) After 4th month of pregnancy
(D) None of these
14. The number of chapters in Astanga Hridaya are :
- (A) 80
(B) 120
(C) 140
(D) None of these
15. The statement 'Mahat Grandhito Arbudam' is said by :
- (A) Charaka Samhita
(B) Sushruta Samhita
(C) Astanga Hridayam
(D) Sharangadhara Samhita
16. The drug 'Ayush 64' is used in the disease of :
- (A) Sleepad
(B) Malaria
(C) Both of these
(D) None of these
17. Udupa Committee was formed in the year of :
- (A) 1955
(B) 1958
(C) 1959
(D) 1966
18. The author of Rasa Ratna Samuccaya is :
- (A) Govinda Bhagavatpada
(B) Sadananda Sharma
(C) Vagbhata
(D) Somadev
19. The period of Bhaishajya Ratnavali is :
- (A) 14th Century
(B) 16th Century
(C) 18th Century
(D) 20th Century

20. Ayurveda is the Upaveda of :
- (A) Rig veda
(B) Yajur veda
(C) Sama veda
(D) Atharva veda
21. According to Charaka, which dosha should be treated first in Sannipata jwara ?
- (A) Vata
(B) Pitta
(C) Kapha
(D) Tridosha
22. 'Sirajala' (venous network) appears in which one of the following stages of Udararoga ?
- (A) Ajatodakavata
(B) Picchavasta
(C) Jatodakavasta
(D) None of these
23. Udarda is a nanatmaja disease of which of the following dosha ?
- (A) Vata
(B) Pitta
(C) Kapha
(D) Rakta
24. In which one of the following disease has Aswedam a symptom ?
- (A) Eka Kustha
(B) Mashaka
(C) Dadru
(D) Sidhma
25. Pellagra preventing vitamin is :
- (A) Vit. B
(B) Vit. B2
(C) Vit. B3
(D) Vit. B5
26. Causative organism of Swine flu is :
- (A) H5N1 Virus
(B) H1N1 Virus
(C) H3N2 Virus
(D) H5O2 Virus
27. Sidhartaka snanam is indicated in :
- (A) Ajagalli
(B) Vicharchika
(C) Kusta
(D) None of these
28. Which of the plasmodium mosquito causes cerebral malaria ?
- (A) Pl. Vivax
(B) Pl. Falciparum
(C) Pl. Malaria
(D) All of these
29. Vimarga gamana is the character of :
- (A) Sroto vaigunya
(B) Sroto dusti
(C) Srotavarodha
(D) Khavaigunya
30. 'Guda linga Vyadhi Pariksha' is done with :
- (A) Upashaya
(B) Anupashaya

- (C) Both of these
(D) None of these
31. Which of the following is increased in Vatarakta ?
(A) Serum cholesterol
(B) Serum amylase
(C) Serum glucose
(D) Uric acid
32. The independent chapter as 'Amavata' is first described by :
(A) Charaka
(B) Sushruta
(C) Astanga Hridaya
(D) None of these
33. Which one of the dosha is not involved in Galaganda ?
(A) Vata
(B) Pitta
(C) Kapha
(D) Meda
34. The carrier of Dengue fever is :
(A) Vivax mosquito
(B) Aedes mosquito
(C) Culex mosquito
(D) Anopheles mosquito
35. The best treatment for tamaka shwasa, pakshaghata and udara-roga is :
(A) Vamana
(B) Virechana
(C) Asthapana
(D) Snehapana

36. Description of dashavidha roga pariksha is mentioned in :
(A) Cha. Su 1
(B) Cha. Su 10
(C) Cha. Ni 8
(D) Cha. Vi 8

37. Threshold of kidney at which sugar appears in urine is :
(A) 100
(B) 120
(C) 180
(D) 300

38. Match List – I (Dharaneeyavega) with List – II (Upadrava) and select the correct answer using the codes given below the lists :

| List – I | List – II |
|-------------------------------|---------------|
| (Dharaneeyavega) | (Upadrava) |
| (a) Mutravega Nigrahana | 1. Bhrama |
| (b) Chardivega Nigrahana | 2. Shiroroga |
| (c) Kshudavega Nigrahana | 3. Basti sula |
| (d) Pureeshavega Nigrahana | 4. Pandu |

Codes :

| | | | | |
|-----|-----|-----|-----|-----|
| (A) | (a) | (b) | (c) | (d) |
| | 3 | 1 | 4 | 2 |
| (B) | (a) | (b) | (c) | (d) |
| | 2 | 4 | 1 | 3 |
| (C) | (a) | (b) | (c) | (d) |
| | 3 | 4 | 1 | 2 |
| (D) | (a) | (b) | (c) | (d) |
| | 2 | 1 | 4 | 3 |

39. Consider the following statements :

- (i) Kilaibya is rasapradoshaja disease.
- (ii) Kilaibya is caused by sukra dosha.
- (iii) Gulma is Rakta pradoshaja disease.

Which of the statements given above are correct ?

- (A) (i), (ii) and (iii)
 - (B) (i) and (ii)
 - (C) (ii) and (iii)
 - (D) (i) and (iii)
40. The colour of Sleshma mutrashmari resembles with which one of the following ?
- (A) Madhuka flower colour
 - (B) Honey colour
 - (C) Kadamba flower colour
 - (D) Kernel of Bhilatak fruit
41. "Khatika" is one of the ingredient in :
- (A) Mugdha Rasa, Agnimrittika and Panchamrittika
 - (B) Vahnimritsna, Panka Parpati and Sudhanidhi Rasa
 - (C) Mugdha Rasa, Toyamrittika and Varnamrittika
 - (D) Mugdha Rasa, Sudha Parpati and Sweta Gandhak Druti

42. "Sristhaloha Vinashini" is the term used for :

- (A) Garakosthi
- (B) Angarakosthi
- (C) Patalakosthi
- (D) Angaradhanika

43. The proportion of "Ghee" in "Dasangalepa" (according to Sarangadhar Samhita) is :

- (A) 1/10
- (B) 1/5
- (C) 1/8
- (D) 1/4

44. The Musha useful in the preparation of "Chakribaddha Rasa" :

- (A) Mushal Musha
- (B) Manduka Musha
- (C) Maha Musha
- (D) Malla Musha

45. "Shandatwa Varjito Rasa" is obtained by the process of :

- (A) Pathana
- (B) Rodhana
- (C) Niyamana
- (D) Charana

46. Intake of unpurified Haritara causes :

- (A) Urusthambha
- (B) Katishoola
- (C) Prameha
- (D) Kushta

47. The term 'Kamandho Jayato Nara' is related to :
- (A) Chapala Bhasma
(B) Rasa Bhasma
(C) Rasaka Bhasma
(D) Somala Bhasma
48. List of poisonous drugs are mentioned under ASU drugs in Drug and Cosmetic Rule in :
- (A) Schedule T
(B) Schedule P
(C) Schedule E
(D) Schedule F
49. Treatment of Vangavikara is :
- (A) Swarna Bhasma and Haritaki Churna
(B) Meshasringi Churna and Sarkara
(C) Munivrihi and Sita
(D) Madhumishrit Godugdha
50. The quantity of water is in the preparation of Triphala Kwatha used for Loha Bhanupaka :
- (A) Equal
(B) Two times
(C) Eight times
(D) Sixteen times
51. Ashtanga Hridaya has not included which one of the following in Murdha taila ?
- (A) Siro-abhyanga
(B) Siro-seka
(C) Siro-basti
(D) Siro-sneha
52. According to Ashtanga Hridaya 'Brahmayed-aushadhaaharairameda Mutralaihi" — line of treatment has been mentioned in the context of which one of the following disease ?
- (A) Krishna Prameha
(B) Sthula Prameha
(C) Avruta Prameha
(D) Kaphaja Prameha
53. According to Vagbhata vasti in garbhini is advised in the month of :
- (A) 6th month
(B) 7th month
(C) 8th month
(D) 9th month
54. Anjali pramana of sthanya according to Vagbhata is :
- (A) 1
(B) 2
(C) 3
(D) 4
55. According to Vagbhata first netra upakrama is :
- (A) Tarpana
(B) Aschyotana

- (B) Sushruta Samhita
(C) Sharangadhara Samhita
(D) Bhavaprakasha
76. Liver and Spleen derived from which one of the following ?
(A) Matrujabhava
(B) Pitrujabhava
(C) Atmajabhava
(D) Rasajabhava
77. Sarva sharira vyapi kala is :
(A) Mamsadhara kala
(B) Raktadhara kala
(C) Pittadhara kala
(D) Shukradhara kala
78. Which one of the following skin is the seat for Sidhma, Padma and Kantaka ?
(A) Lohita
(B) Avabhasini
(C) Tamra
(D) Vedini
79. Which nerve is mostly affected in the common fracture at the neck of the Humerus ?
(A) Radial Nerve
(B) Ulnar Nerve
(C) Auxillary Nerve
(D) Median Nerve
80. Which one of the following does not related to Kurcha Marma ?
(A) Vaikalyakara Marma
(B) Snayu Marma
(C) Shakti hara Marma
(D) Above the Kshipra Marma
81. Which of the following is vata hara drug ?
(A) Jambu
(B) Mudga
(C) Bala
(D) Yasti madhu
82. Cassia fistula is the botanical name of :
(A) Mudga phala
(B) Tala phala
(C) Deergha phala
(D) Maha phala
83. 'Ratti' is :
(A) Crocus Sativum
(B) Abrous Precatorius
(C) Abutilan Indicum
(D) Crocus Nucifera
84. The substitute for meda and mahameda is :
(A) Varahi Kanda
(B) Ashwagandha
(C) Vidari
(D) Vari
85. Codein extracted part of :
(A) Cannabis

- (B) Cinchona
(C) Opium
(D) None of these
86. Panchabhuta compensation of vama dravya :
(A) Pritvi and Teja
(B) Vayu and Teja
(C) Pritvi and Jala
(D) Jala and Vayu
87. The period of Bhava Prakash is :
(A) 11th Century AD
(B) 13th Century AD
(C) 14th Century AD
(D) 16th Century AD
88. Priya Nighantu is written by :
(A) Harana Chandra
(B) Gangadhar Ray
(C) P. V. Sharma
(D) Jyoti Chandra Saraswathy
89. TKDL is dealing with :
(A) Patents
(B) Export
(C) Import
(D) Educate people
90. 'Hridyanam' is :
(A) Arjun
(B) Amalaki
(C) Pathya
(D) Patha
91. Which of the following drug is contra-
indicated in Dadru ?
(A) Suran kanda
(B) Vidari kanda
(C) Katphal
(D) Varahi kanda
92. The rasa of Bringa raja is :
(A) Katu
(B) Tikta
(C) Kashaya
(D) Madhura
93. According to Charaka the best drug
in mutrakrichra is :
(A) Punarnava
(B) Gokshura
(C) Veerana
(D) Chandan
94. Picrocrocin is found in :
(A) Naga Kesar
(B) Kesar
(C) Kutki
(D) None of these
95. Which of the following drug is not
related with chaturbhadra group ?
(A) Ativisha
(B) Musta
(C) Guduchi
(D) Usheera
96. The useful part of Latakasturi is :
(A) Stem

