

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

T. B. C. : LAM – 1/16

Test Booklet Series

Serial No.

1041

A

TEST BOOKLET
LECTURER IN AYURVEDA
PAPER – I

Time Allowed : 1½ Hours

Maximum Marks : 150

: INSTRUCTIONS TO CANDIDATES :

1. IMMEDIATELY AFTER THE COMMENCEMENT OF THE EXAMINATION, YOU SHOULD CHECK THAT THIS TEST BOOKLET **DOES NOT** HAVE ANY UNPRINTED OR TORN OR MISSING PAGES OR ITEMS ETC. IF SO, GET IT REPLACED BY A COMPLETE TEST BOOKLET OF THE SAME SERIES ISSUED TO YOU.
2. ENCODE CLEARLY THE TEST BOOKLET SERIES **A, B, C** OR **D**, AS THE CASE MAY BE, IN THE APPROPRIATE PLACE IN THE ANSWER SHEET USING BALL POINT PEN (BLUE OR BLACK).
3. You have to enter your **Roll No.** on the Test Booklet in the Box provided alongside. **DO NOT** write *anything else* on the Test Booklet.
4. This Test Booklet contains **150** items (questions). Each item (question) comprises four responses (answers). You have to select the correct response (answer) which you want to mark (darken) on the Answer Sheet. In case, you feel that there is more than one correct response (answer), you should mark (darken) the response (answer) which you consider the best. In any case, choose **ONLY ONE** response (answer) for each item (question).
5. You have to mark (darken) all your responses (answers) **ONLY** on the Answer Sheet provided, separately, by using **BALL POINT PEN (BLUE OR BLACK)**. See instructions in the Answer Sheet.
6. All items (questions) carry equal marks. All items (questions) are compulsory. Your total marks will depend only on the number of correct responses (answers) marked by you in the Answer Sheet.
7. Before you proceed to mark (darken) in the Answer Sheet the responses to various items (questions) in the Test Booklet, you have to fill in some particulars in the Answer Sheet as per the instructions in your **Admission Certificate**.
8. After you have completed filling in all your responses (answers) on the Answer Sheet and after conclusion of the examination, you should hand over to the Invigilator the Answer Sheet issued to you. You are allowed to take with you the candidate's copy/second page of the Answer Sheet along with the *Test Booklet* after completion of the examination for your reference.

SEAL

DO NOT OPEN THIS TEST BOOKLET UNTIL YOU ARE ASKED TO DO SO

1. The factors responsible for moving of DOSHAS from SAKHA to KOSTHA :
 - (A) Vriddhi
 - (B) Visyandan
 - (C) Paka
 - (D) All of these
2. How many types of Dosha Prakopa have been described by Sushruta (Dalhana) ?
 - (A) 2 types
 - (B) 3 types
 - (C) 6 types
 - (D) 4 types
3. The Aggravation or Accumulation of doshas will be affected by :
 - (A) Dinaratri
 - (B) Vayas
 - (C) Ritu
 - (D) All of these
4. Which of the following is the Madhyama Roga Marga ?
 - (A) Hridaya
 - (B) Murdha
 - (C) Both of (A) and (B)
 - (D) None of these
5. Atopa and Vimarga Gaman can be seen in which stage of Kriya kala ?
 - (A) Third
 - (B) Sixth
 - (C) Fourth
 - (D) Fifth
6. In Sanchaya Avastha the accumulation of doshas will be :
 - (A) In their places
 - (B) In Sakhas
 - (C) In Kostha
 - (D) None of these
7. Which of the following is the cardinal sign of Sroto Dusthi ?
 - (A) Atipravritti
 - (B) Sanga
 - (C) Vimargagaman
 - (D) All of these
8. For the purpose of Nidana who is considered as the best ?
 - (A) Charak
 - (B) Sushruta
 - (C) Madhav
 - (D) Bhava Mishra

9. When a disease is presented with Guda Linga it can be diagnosed by means of :
- (A) Upasaya
(B) Anupasaya
(C) Both (A) and (B)
(D) None of these
10. According to Sushruta in which of the Sroto dusthi is presented with *STHABDA MUTRATA* ?
- (A) Shukravaha
(B) Mutravaha
(C) Purishavaha
(D) Raktavaha
11. *ASKANDI* clinical finding is seen in which *DOSHA DUSTA SONITA* according to Sushruta :
- (A) Vata
(B) Pitta
(C) Kapha
(D) None of these
12. Which of the symptoms will be seen *PACHYAMANA SOPHA* according to Madhav ?
- (A) Chedanavat
(B) Pipilaka Dasan
(C) Kshara Dahan
(D) All of these
13. How many components the *NIDANA* has ?
- (A) Four
(B) Three
(C) Five
(D) Six
14. According to Charak *SANKHYA, VIKALP, PRADHANYA, BALA, KALA AND VIDHI* are the six types of :
- (A) Hetu
(B) Samprapti
(C) Rupa
(D) Purva Rupa
15. The *PRAKRITI* of a person will be established during :
- (A) Pregnancy
(B) After Birth
(C) Puberty
(D) Middle Age
16. The Throbbing pain in *MEDRA, GUDA, VANKSHANA, VASTI, MUSHAK AND NABHI* etc can be experienced in :
- (A) Holding of urge of Micturition
(B) Arsas
(C) Anaha
(D) Antravriddhi

17. *MUHUR BADDHA MUHUR DRAVAM* condition of Mala is seen in :
- (A) Atisaar
(B) Pravahika
(C) Grahani
(D) All of these
18. According to Charak *MUTRE ABHDHAVANTI PIPILIKASCHA* the prodromal symptom is seen in :
- (A) Mutra Atisar
(B) Prameha
(C) Jalodar
(D) Sukrameha
19. The colour of the blood expelled/out in *PITTAJA RAKTA PITTA* will resemble the colour of :
- (A) Cows urine
(B) Pita
(C) Sweta
(D) Nila
20. According to Charak the organ on palpation, feels hard like *ASTHEELA* and raised like the back of the tortoise indicates :
- (A) Astheela
(B) Yakritodara
(C) Pleehodara
(D) Antra Vriddhi
21. How many openings (dvaras) are there for the movement of Rakta Pitta in upward track (urdhwaja) ?
- (A) Seven
(B) Two
(C) Six
(D) Five
22. In which disease the patient will feel comfortable in sitting posture ?
- (A) Jalodar
(B) Tamak Shwasa
(C) Ashmari
(D) Amlapitta
23. Anaemia will result due to excessive intake of :
- (A) Amla
(B) Lavana
(C) Kshara
(D) All of these
24. The Rajayakshma will be presented with how many number of Rupa (Symptoms) ?
- (A) Tri Rupa
(B) Shad Rupa
(C) Ekadasa Rupa
(D) All of these
25. The aggravated/accumulated (sanchita) doshas leaving the normal path and moving in abnormal pathway is known as :
- (A) Chaya
(B) Prakopa
(C) Prasaman
(D) None of these

26. The drug which helps in digesting AMA and at the same time improves the *APETITE* is known :
- (A) Dipan
(B) Pachan
(C) Grahi
(D) Vikasiu
27. The *DHANWANTARI BHAGA* of *SIDDHA RASAOUSHADHI* :
- (A) 1/8 Part
(B) 1/7 Part
(C) 1/2 Part
(D) None of these
28. *PAYYAMAAN* is related to :
- (A) Weights of Solids
(B) Measurement of Liquids
(C) Measurement of Lengths
(D) Measurement of Time
29. According to Charak the *ROOTS* have to be collected in the season of :
- (A) Varsha
(B) Greeshma
(C) Vasanta
(D) Hemanta
30. One *AKSHA* is equal to how many gm. in Metric System ?
- (A) 3 gm
(B) 6 gm
(C) 4 gm
(D) 12 gm
31. *PRAKSHEP* is the synonym of :
- (A) Churna
(B) Swarasa
(C) Kalka
(D) Vati
32. If *GUDA* has to be added in Churna, in what proportion it has to be added ?
- (A) Equal to Churna
(B) Double to Churna
(C) Four times to Churna
(D) Contraindicated
33. *PRAMATHYA* is according to Charak :
- (A) A type of Swarasa
(B) Rasakriya
(C) Deepan Pachan Kashaya
(D) Sidhu
34. In *BHAKTA KALPANA*, the water proportion recommended is :
- (A) 5 times
(B) 14 times
(C) 8 times
(D) Equal

35. According to Bhava Prakas, the quantity of milk in preparing *RASANJAN* is :
- (A) Equal to Decoction
 (B) 1/4th to Decoction
 (C) Doubled to Decoction
 (D) Half to Decoction
36. *MAJJATI*, *STHIRATWAM* are the tests (siddhi lakshan) :
- (A) Sneha Kalpana
 (B) Sandhan Kalpana
 (C) Upanaha Kalpana
 (D) Avaleha/Guda Paka Kalpana
37. Melting the solid materials by means of heat and pouring them in liquid media is known as :
- (A) Avapa
 (B) Nirvapa
 (C) Nimajjan
 (D) Dhalan
38. Atomic Number of Gold is :
- (A) 79
 (B) 80
 (C) 32
 (D) 16
39. The Material advised for making of *TAPTA KHALVA* is :
- (A) Pashan
 (B) Loha
 (C) Sphatik
 (D) None of these
40. The advantages of *PUTA* :
- (A) Laghutva
 (B) Seegra Vyapi
 (C) Deepan
 (D) All of these
41. *DURMELA LOHA DWAYAMELAN* is the property of :
- (A) Parad
 (B) Navasadar
 (C) Gandhak
 (D) Makshik
42. The method to be adopted in *SHODHAN OF SHILAJATU* :
- (A) Dhouta
 (B) Swedan
 (C) Nimajjan
 (D) Nirjalikaran
43. The chemical formula of *GAURIPASHAN* :
- (A) As_2S_3
 (B) As_2S_2
 (C) As_3S_2
 (D) None of these

44. *NIKASHE KUMKUM PRABHAM* is the ideal character of :
- (A) Rajata
(B) Gandhak
(C) Swarna
(D) Tamra
45. Melting point of Zinc is :
- (A) 962°C
(B) 1023°C
(C) 1520°C
(D) 419°C
46. *UTTERIYENA GARBHATAM* is the character seen in :
- (A) Swarna
(B) Vajra
(C) Vaidurya
(D) Nilam
47. The colour of the flame emitted at the time of melting of metal is known as :
- (A) Shuddhavarta
(B) Bijavarta
(C) Both (A) and (B)
(D) None of these
48. *PANCHAVARNA SUVARNAVAT* is the property mentioned in Rasaratna Samucchaya is for :
- (A) Swarna
(B) Makshik
(C) Swarna Vanga
(D) Naga
49. Which variety of Kharpar is useful in incorporating into the medicines ?
- (A) Karavellak
(B) Dardurak
(C) Both (A) and (B)
(D) None of these
50. If *MADHYA* loses its sweetness and attains sourness then it is known as :
- (A) Asav
(B) Aristha
(C) Chukra
(D) Pramathya
51. How many basic concepts (Padarth) of Dravyaguna have been mentioned by Bhava Prakash ?
- (A) Six
(B) Four
(C) Two
(D) One
52. The effect produced by a substance in the body by means of combinations and permutations of the materials is known as :
- (A) Rasa
(B) Guna
(C) Karma
(D) Vipaka

53. What are the factors recommended in support of *DRAVYA PRADHAN VAD* by Sushruta ?
- (A) Nityatwa
 (B) Asrayatwa and Vyavastathwa
 (C) Arambha samyatwa
 (D) All of these
54. Which of the following has mentioned the basis of Nomenclature of Drugs ?
- (A) Madanpal Nighantu
 (B) Charak Samhita
 (C) Raja Nighantu
 (D) Sushruta Samhita
55. The number of *KARAN DRAVYAS* is :
- (A) Eight
 (B) Nine
 (C) Five
 (D) Two
56. Audbhida dravyas are classified into how many classes ?
- (A) Six
 (B) Four
 (C) Three
 (D) Ten
57. According to Charak the Flowering and Fruiting plants are known as :
- (A) Vanaspati
 (B) Virudh
 (C) Vanaspatya
 (D) Aushadh
58. *KUSHMANDA, KANTAKARI AND BRIHATI* have been included in which Skanda by Sushruta ?
- (A) Madhura Skanda
 (B) Amla Skanda
 (C) Katu Skanda
 (D) Tikta Skanda
59. Charak has classified the drugs basing on their *RACHANA* into how many groups ?
- (A) Twelve
 (B) Nine
 (C) Eight
 (D) Fifty
60. According to Charak the following have been included in *LEKHANEEYA DRAVYA* :
- (A) Haridra
 (B) Daru Haridra
 (C) Both (A) and (B)
 (D) None of these

61. *TRINAPANCHA MULA* are among which of the ten drugs of *MAHAKASHAYA* enumerated by Charak ?
- (A) Sthanya Shodhan
(B) Shukra Janan
(C) Sthanya Janan
(D) Krimighna
62. Charak has classified the drugs on the basis of *KARMA* into how many functional groups ?
- (A) Fifty
(B) Ten
(C) Eight
(D) Six
63. According to Charak which one is *AHITATAM IN SHAMI DHANYA* ?
- (A) Mudga
(B) Masha
(C) Kuluttha
(D) All of these
64. Charak has placed *MRIDWIKA* under:
- (A) Hitatama
(B) Ahitatama
(C) Viruddha
(D) None of these
65. According to Charak *KSHIRA GHRITA ABHAYAS* is the best (*AGRYA*) for:
- (A) Vajikaran
(B) Tarpan
(C) Rasayan
(D) Brimhan
66. Who has enumerated *AVYAKTA RASA* as one of the rasa ?
- (A) Badisha
(B) Dhamargava
(C) Both (A) and (B)
(D) None of these
67. Which of the fruits is to be collected in dry condition according to Bhava Prakasha ?
- (A) Draksha
(B) Bilva
(C) Pathya/Shiva
(D) All of these
68. According to Charak's *AGRYA DRAVYA* which of the following is the best for treating *KUSTHA* ?
- (A) Sirisha
(B) Gandhak
(C) Vidanga
(D) Khadira

69. According to Charak the *PANCHA BHOUTIK COMPOSITION OF AMLA RASA* is :
- (A) Prithvi + Agni
(B) Jala + Agni
(C) Vayu + Akasha
(D) Vayu + Agni
70. *Vitex nigundo (NIRGUNDI)* belongs to the family :
- (A) Anacardiaceae
(B) Verbenaceae
(C) Fabaceae
(D) Ranunculaceae
71. Latin name of *DARU SITA* is :
- (A) *Cinnamomum zeylanicum*
(B) *Cedrus deodara*
(C) *Berberis aristata*
(D) *Acorus calamus*
72. The active ingredient present in *DARU HARIDRA* is :
- (A) Aconitin
(B) Abrin
(C) Atropin
(D) Berberin
73. *Anacyclus pyrethrum* is the latin name of :
- (A) Kokilaksha
(B) Kutuki
(C) Akarkarabha
(D) Bhallatak
74. The Synonym of *ARKA* is :
- (A) Tulphala
(B) Ksheera Parna
(C) Arka Parna
(D) All of these
75. The family of *SWETA MUSALI* is :
- (A) Lilliaceae
(B) Gramineae
(C) Orchidaceae
(D) Zingiberaceae
76. According to Vagbhata the *PANCHABHUTIK SANGHATAN OF SLESHMA* is :
- (A) Ambu + Prithivi
(B) Ambu + Teja
(C) Vayu + Akasa
(D) Akasa + Prithvi
77. Who has mentioned the *SRONI & GUDA* as specific sites of *VATA* ?
- (A) Charak
(B) Vagbhata
(C) Sushruta
(D) Kasyap

78. Which of the *DOSHA* is considered as *PRANAH PRANINAM* ?
- (A) Pitta
(B) Vata
(C) Rakta
(D) Kapha
79. According to Charak *GATI, PRASARA AND AKSHPA* are the functions of:
- (A) Vyan Vata
(B) Sadak Pitta
(C) Avalambak Kapha
(D) Prana Vata
80. According to Charak *AMATRAYUKTA OF RASI OF AHAAR VIDHI VISESHA AYATAN* is of which type ?
- (A) Hina
(B) Adhika
(C) Both (A) and (B)
(D) None of these
81. According to Sushruta the *MRIDU, MADHYA AND KRURA* are the types of:
- (A) Agni
(B) Kostha
(C) Ahara Matra
(D) None of these
82. According to Charak the *KAPHA* is the *KITTA* of
- (A) Asthi
(B) Rakta
(C) Majja
(D) Rasa
83. Which of the organ is affected by *RASA KSHAYA* according to Charak ?
- (A) Hridaya
(B) Yakrit
(C) Vrikka
(D) Amasaya
84. *MURCHA, MAMSA, KSHAYA, MOHA, PRALAPA AND MARANA MITI KSHAYO* are the findings seen in:
- (A) Mamsa Kshaya
(B) Rakta Kshaya
(C) Ojo Kshaya
(D) Asthi Kshaya
85. *SPHATIKA SANNIBHA, GHANA AND PICCHILA* are the characters of:
- (A) Artava
(B) Shukra
(C) Asthi
(D) None of these

86. Which of the following is not included under *SROTAS* by Sushruta ?
- (A) Dhamani
(B) Sira
(C) Both (A) & (B)
(D) None of these
87. The shape of the heart as described by Sushruta is :
- (A) Rohita matsya
(B) Pundarika
(C) Indragopa
(D) None of these
88. *ARDHA VILINA GHRITAKAAR* is the shape described by Sushruta :
- (A) Majja Dhatu
(B) Medo Dhatu
(C) Matulunga
(D) None of these
89. Which of the following Sushruta has not included in *SROTAS* enumerated by Charak ?
- (A) Asthi Vaha
(B) Majja Vaha
(C) Sweda Vaha
(D) All of these
90. According to Sushruta how many *SANDHIS(JOINTS)* are present in *STRI SRONI* ?
- (A) Three
(B) Four
(C) Five
(D) Two
91. How many number of vessels *EMERGE OUT OR ENTER INTO THE HEART* as described by Sushruta ?
- (A) Dasa(10)
(B) Chaturvimsati(24)
(C) Dwadasa(12)
(D) Ekadasa(11)
92. According to Sushruta *TULUKHALA SANDHI* is present in :
- (A) Kaksha
(B) Vankshana
(C) Dasana
(D) All of these
93. According to Sushruta the number of *ASTHI* present in human body :
- (A) 300
(B) 360
(C) 140
(D) 260
94. According to Charak the place of *AMASAYA* is in between :
- (A) Vrikka Puppusantar
(B) Hridaya Klomantar
(C) Nabhi Sihanantar
(D) None of these

95. According to Sushruta the *LENGTH OF KSHUDRANTRA IN WOMEN* is :
- (A) Three and Half Vyama
(B) Two Vyama
(C) Three Vyama
(D) Two and half Vyama
96. According to Charak the length of *DANTADHAVAN KASTHA* is :
- (A) 12 Angula
(B) 6 Angula
(C) 2 Angula
(D) 4 Angula
97. In which season Charak has advised *DIVASWAPNA* ?
- (A) Summer
(B) Winter
(C) Rainy
(D) None of these
98. According to Charak *VYADHI KSHMATA* includes :
- (A) Vyadhi Baka Virodh
(B) Vyadhi Utpadak Pratibandh
(C) Both (A) and (B)
(D) None of these
99. Charak has described *AHARVIDHI VISESHAAYATAN* among them taking separately each Food Article in said proportion is known :
- (A) Samyog
(B) Upayoga Samstha
(C) Prakriti
(D) Parigraha (Rasi)
100. Vata undergoes *chaya* during :
- (A) Varsha
(B) Sisira
(C) Greeshma
(D) Sarad
101. According to Charak the normal properties of *ANTARIKSHA JALA* in *VASANTA RITU* will be changed to :
- (A) Snigdha, Guru and Madhur
(B) Laghu, Abhshyandi and Madhur
(C) Kashaya, Madhur and Ruksha
(D) Snigdha, Balakarak and Guru
102. According to Asthanga Hridaya application of *ANJAN* is contraindicated during :
- (A) Night Time
(B) Sleeping Time
(C) Evening Time
(D) All of these

103. According to Asthanga Hridaya the dose and number of conditions the *PRATIMARSYA NASYA* is advised :
- (A) 2 Bindu and 15 Conditions
 (B) 4 Bindu and 4 Conditions
 (C) 8 Bindu and 3 Conditions
 (D) 2 Bindu and 3 Conditions
104. According to Asthanga Hridaya restraining of Sleep will result in :
- (A) Kandu
 (B) Pandu
 (C) Moha Murdhakshi Gaurav
 (D) Manyasthamba
105. According to Asthanga Hridaya *AMLA, MADHUR, SNIGDHA AND GURU* materials are contraindicated in :
- (A) Greeshma Ritu
 (B) Vasant Ritu
 (C) Varsha Ritu
 (D) Hemanta Ritu
106. Which one has included *RAKTA* as one of the sources of poisons ?
- (A) Sushruta Samhita
 (B) Charak Samhita
 (C) Asthanga Sangraha
 (D) Rasa Ratna Samucchaya
107. Among the following which is the *PROPERTY of VISHA* according to Charak ?
- (A) Anirdesya Rasa
 (B) Mridu
 (C) Guru
 (D) Seeta
108. According to Astha Sangraha which of the *DHATU* is affected first in poisoning ?
- (A) Rasa
 (B) Rakta
 (C) Asthi
 (D) Shukra
109. *VEGANTARA* is the term denotes :
- (A) Time taken to kill
 (B) Time to cross Dhatu Kalaa (membranes)
 (C) Time to show effect
 (D) Time to excrete out
110. *VIVARNATA, BHRAMA AND MURCHA* etc. signs and symptoms seen when poison enters which of the following according to Charak ?
- (A) Rasa Dhatu
 (B) Mamsa Dhatu
 (C) Rakta Dhatu
 (D) Hridaya

111. According to Charak the line of treatment in 1st STAGE OF *STHAVAR VISHA VEGA* :
- (A) Virechan
(B) Agada paana
(C) Vaman
(D) Daha Karma
112. According to Sushruta the number of *VISHAVEGAS* :
- (A) 7
(B) 5
(C) 10
(D) 8
113. Charak has advised to protect first of all the Heart while discussing second stage of vishavega and to protect it, he advised which of the following measures ?
- (A) *Chaa Asrik*
(B) *Use of Madhu Sarpi and Gairik*
(C) *Ikshu Rasa*
(D) *All of these*
114. The toxic effects of *KUCHALA* are due to :
- (A) Alkaloids
(B) Glycosides
(C) Tanins
(D) All of these
115. According to Asthanga Sangraha the types of *SNAKE BITE* are :
- (A) 8
(B) 3
(C) 5
(D) 1
116. According to Asthanga Hridaya, the *PANCHA BHOUTIK* composition of *LAVAN RASA* is :
- (A) Prithvi + Agni
(B) Akasa + Prithvi
(C) Jala + Agni
(D) Agni + Vayu
117. According to Asthanga Hridaya which of the statement of *ASHRAYA ASHRYEEBHAVA* is true ?
- (A) Vata – Asthi
(B) Pitta-Sweda, Rakta
(C) Sleshma-Rasa, Mamsa, Meda, Maja and Shukra
(D) All of these
118. According to Asthanga Hridaya the line of treatment in *SNEHADAGDHA* is :
- (A) Adopting Ruksha Measures
(B) Adopting Cold (Sheeta) Measures
(C) Adopting Ushna (Hot) Measures
(D) None of these
119. According to Asthanga Hridaya *ALABU YANTRA* is recommended in :
- (A) Sleshma Rakta
(B) Vata dushit Rakta
(C) Pitta dushit Rakta
(D) None of these

120. According to Asthanga Hridaya *GANDUSHA* is of how many types ?
- (A) Three
(B) Four
(C) Two
(D) Five
121. The name of First Chapter in Asthanga Hridaya Sutra Sthana is :
- (A) Dina Charya
(B) Ritu Charya
(C) Ayushkameeya
(D) Sneha Vidhi
122. According to Asthanga Hridaya the type of *PRAKRITI* is *NINDANEEYA* :
- (A) Eka Doshaja
(B) Dwi Doshaja
(C) Sannipataja
(D) None of these
123. *KRISHANGATA*, one of the symptoms mentioned in Asthanga Hridaya is related to :
- (A) Mamsa Kshaya
(B) Rasa Kshaya
(C) Rakta Kshaya
(D) Medo Kshaya
124. According to Asthanga Hridaya the symptom *SA ASRA MEVA* is seen in :
- (A) Mutra Kshaya
(B) Sweda Kshaya
(C) Mamsa Kshaya
(D) Pureesha Kshaya
125. What will result if less quantity of food is taken according to Asthanga Hridaya ?
- (A) Ojo Kshaya
(B) Bala Kshaya
(C) Both (A) and (B)
(D) None of these
126. '*Vishidwau*' (विशिद्धौ) refers to which of the following two disease entities ?
- (A) Arshas and Atisara
(B) Atisara and Pravañhika
(C) Atisara and Grahani
(D) Arshas and Bhagandara
127. *Madya* is contraindicated in *Greeshma Ritu* or it has to be given either in less quantity or along with large amount of water (मद्यंनपेयं, पेयंवास्वल्पं, सुबहुवारिवा). Which of the following would be the possible clinical outcome, if this principle is not followed ?
- (A) *Moorcha*, *Sveda* and *Jwara*
(B) *Jwara*, *Kota* and *Moorcha*
(C) *Vami*, *Amlodgaara* and *Moorcha*
(D) *Shosha*, *Shaithilya*, *Shopha*

128. Point out the Taila which has properties like "Twagdosha Krutacakshushyam" (त्वग्दोषकृदक्षुष्यम्) :

- (A) Kusumbha Taila
- (B) Atasi Taila
- (C) Sarshapa Taila
- (D) Tila Taila

129. Chikitsa advised in Shukra Vega rodha janya Vikara is :

- (A) Bastishudhhikaraisiddham ksheeram
- (B) Shuktasrutikaraisiddham ksheeram
- (C) Shukra Vruddhi karaisiddhamksheeram
- (D) None of these

130. Which of the following preparation is suited for those persons who consume sneha daily for the purpose of Snehana i.e. 'Snehapaayi' (स्नेहपायि) ?

- (A) Manda
- (B) Vilepi
- (C) Yavagu
- (D) Peya

131. Angamarda, Shirogaurava, Jrumbika, Jaadya, Glani, Bhrama, Apakti and Tandra (अङ्गमर्दशिरोगौरवजृम्भिका:जाड्यग्लानिभ्रमापक्तितन्द्रा..) are the symptoms produced as a result of :

- (A) Practicing *Divaswapna*

(B) *Akala Nidra*

(C) *Atinidra*

(D) *Nidranasha*

132. When Yava and Godhuma are taken as food, which of the following is the Anupana ?

- (A) Takra
- (B) Dahi
- (C) Sheeta jala
- (D) Mastu

133. "Vichara Glani kaarakam" (विचारग्लानिकारकम्) are the properties of _____.

- (A) Naabhasa Dravya
- (B) Aagneya Dravya
- (C) Vaayavya Dravya
- (D) Aapya Dravya

134. Which one of the following Rasas can achieve 'Kanta Vishodhana' ?

- (A) Kashaya Rasa
- (B) Tikta Rasa
- (C) Katu Rasa
- (D) Lavana Rasa

135. Pick the odd out :

- (A) Mootra Vruddhi – Meha Chikitsa
- (B) Mootra Kashya – Mootra Kruchra Chikitsa
- (C) Sveda Kshaya Vyaayama, Madya, Abhyanga
- (D) None of these

136. Which one of the following combinations can lead to Kapha Kopa ?

- (A) Snighaadi Gunna + Sheeta
- (B) Teekshnaadi Guna + Sheeta
- (C) Snighaadi Guna + Ushna
- (D) Mandaadi Guna + Sheeta

137. Give an initial treatment principle of the following condition :

Pravruttaan Doshaan ...
(प्रवृत्तान्प्रगतोदोषान्...)

- (A) PacayetNirharetva.....
- (B) UpekshetaHitashinah....
- (C) ShodhayetShodanaih....
- (D) Dhaarayetaushadhahai...

138. 'MastuDandaahataaristacintosho-dhanajaagaram' (मस्तु दण्डाहतारिष्ट-चिन्ताशोधनजागरम्) is indicated in :

- (A) Ati Sthaulya janya roga
- (B) Aama dosha
- (C) Ati Nidra janya roga
- (D) Abhishannadeha

139. Which of the following Gana is indicated in "Chala Kapha medah peenasa Gulma Jwara-shooladurnaamna" (चलकफमेदः पीनसगुल्मज्वरशूलदुर्नाम्नः):

- (A) Rodhraadhi
- (B) Asanaadi

(C) Vatsakaadi

(D) VacaHaridraadi

140. Choose an ideal Sneha dravya for the purpose of Snehana in Kusta from the following without contradicting the textual (Astanga Hrudaya) indications :

- (A) Tila
- (B) Maasha
- (C) Pippali Vipachita sneha
- (D) Sura

141. Who is the writer of *KASYAP SAMHITA* ?

- (A) Kasyap
- (B) Kankayan
- (C) Vriddha Jeevak
- (D) Jatukarna

142. The Period of *SARANGADHAR SAMHITA* :

- (A) 13th AD
- (B) 500 BC
- (C) 16th AD
- (D) 2500 BC

143. The *MADHUKOSH* Sanskrit commentary was written on :

- (A) Sarangadhar Samhita
- (B) Rasaratna Samucchaya
- (C) Madhav Nidan
- (D) Harita Samhita

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