

FINAL ANSWER KEY

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Alphacode	A

Question1:-Which is the oldest fold mountain ranges in India?

- A:-Himalayas
- B:-Vindhya
- C:-Satpura
- D:-Aravally

Correct Answer:- Option-D

Question2:-The most populated state of India

- A:-Uttar Pradesh
- B:-Bihar
- C:-Madhya Pradesh
- D:-Orissa

Correct Answer:- Option-A

Question3:-Who is the first Vice Chairman of Planning Commission?

- A:-Jawaharlal Nehru
- B:-Gulzarilal Nanda
- C:-C.D. Deshmukh
- D:-J.B. Kripalani

Correct Answer:- Option-B

Question4:-The leader of Swadesi Movement who is known as 'Kappalottiya Tamilan' in Tamil Nadu

- A:-Subramanya Bharati
- B:-E.V. Ramaswami Naiker
- C:-C.N. Annadurai
- D:-V.O. Chidambaran Pillai

Correct Answer:- Option-D

Question5:-The young Bengal Movement was founded by

- A:-Henry Vivian Derozio
- B:-Iswar Chandra Vidya Sagar
- C:-Mahatma Phule
- D:-Devendranadha Tagore

Correct Answer:- Option-A

Question6:-Bhagat Singh, Rajguru and Sukhdev were hanged to death by British Government on

- A:-March 21, 1932
- B:-March 26, 1931
- C:-April 20, 1931
- D:-March 23, 1931

Correct Answer:- Option-D

Question7:-The Vernacular Press Act which curbed the freedom of press was enacted by

- A:-Lord Curzon
- B:-Lord Ripon
- C:-Lord Lytton
- D:-Lord Mayo

Correct Answer:- Option-C

Question8:-The name of the river in Kerala which was called 'Baris' in ancient times

- A:-Pamba
- B:-Periyar
- C:-Bharatapuzha
- D:-Kabani

Correct Answer:- Option-A

Question9:-Who started the first coir factory in Alapuzha in 1859?

- A:-Col. Munroe
- B:-Lord Conolly
- C:-James Dara
- D:-Raja Kesavadas

Correct Answer:- Option-C

Question10:-Captain William Keeling, the representative of English East India Company came to Kerala in

- A:-1602 CE
- B:-1608 CE
- C:-1615 CE
- D:-1610 CE

Correct Answer:- Option-C

Question11:-The Social Reformer of Kerala who was nicknamed as 'Lincoln of Kerala'

- A:-Chattambi Swamikal
- B:-Vagbhatananda
- C:-Pandit K.P. Karuppan
- D:-V.T. Bhattathirippad

Correct Answer:- Option-C

Question12:-Who was the author of the book 'Darasanamala'?

- A:-Vaikunda Swamikal
- B:-Ayyankali
- C:-Brahmananda Sivayogi
- D:-Sree Narayanaguru

Correct Answer:- Option-D

Question13:-Blessed Kuriakose Elias Chavara was born in which district of Kerala

- A:-Kollam
- B:-Alapuzha
- C:-Idukky
- D:-Kottayam

Correct Answer:- Option-B

Question14:-Who was the founder of 'Prathyaksha Rakshsa Daiva Sabha'?

- A:-Kumara Gurudevan
- B:-Ayyankali
- C:-Thycaud Ayya
- D:-Kumaranasan

Correct Answer:- Option-A

Question15:-Mannathu Padmanabhan founded the Nair service society in

- A:-1912 CE
- B:-1913 CE
- C:-1914 CE
- D:-1911 CE

Correct Answer:- Option-C

Question16:-The winners of 2016 Asian Champions Hockey Tournament

- A:-Pakistan
- B:-India
- C:-China
- D:-Japan

Correct Answer:- Option-B

Question17:-The newly elected U.N. Secretary General Antonio Guterres belongs to which country

- A:-Spain
- B:-France
- C:-Portugal
- D:-Argentina

Correct Answer:- Option-C

Question18:-Who got the Ezhuthachan prize of 2016?

- A:-C. Radhakrishnan
- B:-Puthusseri Ramachandran
- C:-Attur Ravivarma
- D:-Anand

Correct Answer:- Option-A

Question19:-The declaration of Prime Minister Narendra Modi making 500 and 1000 rupee notes invalid was on

A:-Nov. 18, 2016

B:-Nov. 8, 2016

C:-October 30, 2016

D:-Nov. 12, 2016

Correct Answer:- Option-B

Question20:-Who is the present Reserve Bank Governor of India?

A:-Ranga Rajan

B:-Raghuram Rajan

C:-Oorjith Patel

D:-Subarao

Correct Answer:- Option-C

Question21:-What are the fundamental responsibilities of a nurse?

A:-Cure disease

B:-Promote health

C:-Both (1) and (2)

D:-None

Correct Answer:- Option-B

Question22:-An ulcer which takes time to heal is known as

A:-Dushta vrana

B:-Rudha vrana

C:-Shudha vrana

D:-None

Correct Answer:- Option-A

Question23:-'Ashchyotana' (Eye Drops) with oil is done during

A:-Morning

B:-Afternoon

C:-Evening

D:-Night

Correct Answer:- Option-C

Question24:-How should be a patient posted for 'Vasthi' positioned?

A:-Turned to right

B:-Turned to left

C:-Right leg flexed

D:-Both (2) and (3)

Correct Answer:- Option-D

Question25:-'Jeevanam' is the function of which 'Dhatu'

A:-Raktha

B:-Mamsa

C:-Rasa

D:-Shukra

Correct Answer:- Option-A

Question26:-Which artery has to be auscultated while measuring blood pressure?

A:-Radial

B:-Auxillary

C:-Brachial

D:-Carotid

Correct Answer:- Option-C

Question27:-Fever in a patient undergoing 'Snehapana' indicates

A:-Sneha Atiyoga

B:-Sneha Vyapat

C:-Sneha Ayoga

D:-Nothing specific

Correct Answer:- Option-B

Question28:-What kind of diet will you prefer after 'Virechana' in an alcoholic patient?

A:-Peyadi

B:-Yushadi

C:-Krita Yushadi

D:-Tarppanadi

Correct Answer:- Option-D

Question29:-'Shamana Chikitsa' is of how many types

- A:-1
- B:-3
- C:-5
- D:-7

Correct Answer:- Option-D

Question30:-Diseases which can be cured by surgery are grouped under

- A:-Krichra Sadhya
- B:-Sukha Sadhya
- C:-Yapya
- D:-None

Correct Answer:- Option-A

Question31:-'Pratisarana' is indicated in

- A:-Paithika Vyadhi
- B:-Kaphaja Vyadhi
- C:-Vatika Vyadhi
- D:-All the above

Correct Answer:- Option-B

Question32:-'Vrana Bandhana' should be removed and replaced after how many days?

- A:-Same day
- B:-Next day
- C:-3rd day
- D:-4th day

Correct Answer:- Option-C

Question33:-Mode of cooking food (Fry, Boil, Etc.) is included under which 'Ahara Kalpana'

- A:-Samskara
- B:-Swabhava
- C:-Kala
- D:-Samyoga

Correct Answer:- Option-A

Question34:-In 'Ksheera Paka', drug, milk and water are taken in the ratio of

- A:-1:2:4
- B:-1:4:8
- C:-1:8:16
- D:-1:8:32

Correct Answer:- Option-D

Question35:-Amount of food consumed should ideally fill

- A:-1/4th of stomach
- B:-1/2 of stomach
- C:-3/4 of stomach
- D:-Full stomach

Correct Answer:- Option-B

Question36:-Type of bandage done on fingers

- A:-Kosa
- B:-Dhama
- C:-Sthagika
- D:-Cheena

Correct Answer:- Option-C

Question37:-'Kashaya Kalpana' can be prepared from Dravyas of all 'Rasa' except

- A:-Tiktha
- B:-Katu
- C:-Amla
- D:-Lavana

Correct Answer:- Option-D

Question38:-Which is not mentioned as the causative factor of 'Rajyakshma'?

- A:-Shukla Kshaya
- B:-Mamsa Kshaya
- C:-Oja Kshaya

D:-Sneha Kshaya

Correct Answer:- Option-B

Question39:-Which medicine is applied on the site of 'Agni Dagdha'?

A:-Honey

B:-Ghee

C:-Both (1) and (2)

D:-None

Correct Answer:- Option-C

Question40:-After 'Uttama Shodhana', Peyadi karma should be followed for how many days

A:-7

B:-5

C:-3

D:-1

Correct Answer:- Option-A

Question41:-'Vasthi Netra' of which length would you choose for a 25 year old patient

A:-12 angula

B:-10 angula

C:-8 angula

D:-5 angula

Correct Answer:- Option-A

Question42:-'Ayurveda' has how many branches

A:-3

B:-4

C:-6

D:-8

Correct Answer:- Option-D

Question43:-Respiratory rate is assessed while assessing

A:-Heart rate

B:-Pulse rate

C:-Both (1) and (2)

D:-None

Correct Answer:- Option-B

Question44:-Hot water is contraindicated after 'Snehapana' using

A:-Tila taila

B:-Vasa

C:-Tuvaraka taila

D:-None

Correct Answer:- Option-C

Question45:-'Patra Potala Sweda' is an example of

A:-Tapa Sweda

B:-Ushma Sweda

C:-Upanaha Sweda

D:-None

Correct Answer:- Option-B

Question46:-Diet preferred for a patient undergoing 'Vardhamana Pippali' Rasayana

A:-Peyadi

B:-Tarppanadi

C:-Ksheera Shashtika

D:-Ksheera Shali

Correct Answer:- Option-C

Question47:-'Krikatika' is an example of which 'Marma'

A:-Jatroordhwa

B:-Koshta

C:-Shakha

D:-Prishta

Correct Answer:- Option-A

Question48:-Which among the following is not a part of 'Dinacharya'?

A:-Dhumapana

B:-Anjana

C:-Nasya

D:-Dhupana

Correct Answer:- Option-D

Question49:-'Pinda', 'Rasakiya' and 'Churna' are the types of

A:-Anjana

B:-Nasya

C:-Dhooma

D:-Swedam

Correct Answer:- Option-A

Question50:-Nasya is classified into how many types

A:-3

B:-2

C:-Both (1) and (2)

D:-None

Correct Answer:- Option-C

Question51:-Below 'Nabhi' - is the seat of which dosha

A:-Kapha

B:-Vata

C:-Pitta

D:-Raktha

Correct Answer:- Option-B

Question52:-Which urine sample should be collected for laboratory examination?

A:-Late night

B:-Evening

C:-Afternoon

D:-Early morning

Correct Answer:- Option-D

Question53:-Which all procedures are contraindicated for an obese (Sthula) person?

A:-Snehana

B:-Swedana

C:-Vamana

D:-All the above

Correct Answer:- Option-D

Question54:-Which is not a part of 'Dasavidha Pareeksha'?

A:-Ahara

B:-Vihara

C:-Satwa

D:-Sara

Correct Answer:- Option-B

Question55:-Which are the 'Trimarmas'?

A:-Hridaya-Vasthi-Guda

B:-Hridaya-Guda-Shiras

C:-Hridaya-Vasthi-Shiras

D:-Shiras-Vasthi-Guda

Correct Answer:- Option-C

Question56:-After giving 'Marsa Nasya' which procedure is done

A:-Dhumapana

B:-Dhupana

C:-Vamana

D:-None

Correct Answer:- Option-A

Question57:-'Netra Seka' is indicated during

A:-Day time

B:-Night time

C:-Both (1) and (2)

D:-None

Correct Answer:- Option-A

Question58:-During rainy season which type of diet would you opt for 'Swastha'

A:-Hot and spicy

B:-Hot and sweet

C:-Cold and spicy

D:-Cold and sweet

Correct Answer:- Option-B

Question59:-Expiry date of 'Balarishta' manufactured on January 2010 will be

A:-2011

B:-2012

C:-2013

D:-None

Correct Answer:- Option-D

Question60:-Time of administering medicine in a 'Kasa Rogi' is

A:-Samudga

B:-Sabhakta

C:-Muhur-Muhu

D:-Abhakta

Correct Answer:- Option-C

Question61:-In which 'Ritu' body strength is at its minimum?

A:-Sisira

B:-Varsha

C:-Sarath

D:-Hemantha

Correct Answer:- Option-B

Question62:-'DPT' vaccination is given for

A:-Diphtheria-Pertusis-Typhoid

B:-Diphtheria-Pertusis-Tuberculosis

C:-Diphtheria-Pertusis-Tetanus

D:-Diphtheria-Pneumonia-Tb

Correct Answer:- Option-C

Question63:-Which is the best among 'Murdha Thaila'?

A:-Vasthi

B:-Pichu

C:-Abhyaanga

D:-Both (1) and (2)

Correct Answer:- Option-A

Question64:-A 12 year old girl suffering from 'Kushta' is

A:-Rakthamoksha Arha

B:-Rakthamoksha Anarha

C:-Virechana Arha

D:-Both (2) and (3)

Correct Answer:- Option-D

Question65:-'Karna Shodhini Yantra' is an example of

A:-Shalaka Yantra

B:-Swasthika Yantra

C:-Nali Yantra

D:-Tala Yantra

Correct Answer:- Option-A

Question66:-Total number of 'Kashaya Vasthi's' in 'Yoga Vasti' are

A:-1

B:-2

C:-3

D:-4

Correct Answer:- Option-C

Question67:-Which 'Prakriti' is 'Rajo-Guna' predominant?

A:-Vata

B:-Pitta

C:-Kapha

D:-Sama Dosha

Correct Answer:- Option-B

Question68:-'Apaka Shunata' (Apaka Shopha) is a feature of

- A:-Udara
- B:-Sandhigata Vata
- C:-Vataraktha
- D:-Amavata

Correct Answer:- Option-D

Question69:-Which is a type of 'Anagni Sweda'?

- A:-Udgara Nigraha
- B:-Kshut Nigraha
- C:-Pureesha Nigraha
- D:-Mutra Nigraha

Correct Answer:- Option-B

Question70:-Virechana Dravya can be given in the stage of

- A:-Nava Jwara
- B:-Sama Jwara
- C:-Jeerna Jwara
- D:-All the above

Correct Answer:- Option-C

Question71:-Type of ahara given on the previous day of vamana

- A:-Kapha Vridhikara
- B:-Pitta Vridhikara
- C:-Vata Vridhikara
- D:-All the above

Correct Answer:- Option-A

Question72:-Which among the below can be assessed by 'Darsana Pareeksha'?

- A:-jihwa
- B:-Mala
- C:-Mutra
- D:-All the above

Correct Answer:- Option-D

Question73:-In a patient with allergic disease which parameter will be increased

- A:-Basophils
- B:-Neutrophils
- C:-Eosinophils
- D:-All the above

Correct Answer:- Option-C

Question74:-'Dhooma Pana' is contraindicated in

- A:-Nasal bleeding
- B:-After virechana
- C:-Udara roga
- D:-All the above

Correct Answer:- Option-D

Question75:-Following 'Jalowkavacharana' (Leeching), would is dressed with

- A:-Jathyadi Gritha
- B:-Honey and turmeric powder
- C:-Gritha and turmeric powder
- D:-Honey

Correct Answer:- Option-B

Question76:-'Graha Chikitsa' deals with

- A:-Manasika Roga
- B:-Agantu Roga
- C:-Communicable disease
- D:-Forensic medicine

Correct Answer:- Option-A

Question77:-Main complication of 'Pandu Roga' is

- A:-Rakta pitta
- B:-Udara
- C:-Shopha
- D:-Jwara

Correct Answer:- Option-C

Question78:-'Vamana' should be done till the appearance of

- A:-Kapha Darsana
- B:-Pitta Darsana
- C:-Vata Darsana
- D:-Mala Darsana

Correct Answer:- Option-B

Question79:-Factors which increases 'Medas, Mutra and Kapha' leads to

- A:-Sthoulya
- B:-Udara
- C:-Shopha
- D:-Prameha

Correct Answer:- Option-D

Question80:-'Twak' is the sthana of which dosha

- A:-Bhrajaka pitta
- B:-Avalambaka kapha
- C:-Vyana vata
- D:-All the above

Correct Answer:- Option-A

Question81:-Application of medicinal paste over the eyelids is known as

- A:-Rasakriya
- B:-Vidalaka
- C:-Pinda
- D:-None

Correct Answer:- Option-B

Question82:-'Shuchitwa' is a common property of

- A:-Vaidya-Rogi
- B:-Vaidya-Dravya
- C:-Paricharaka-Rogi
- D:-Paricharaka-Vaidya

Correct Answer:- Option-D

Question83:-'Uttama Sneha Matra' gets digested within

- A:-12 hrs
- B:-18 hrs
- C:-24 hrs
- D:-32 hrs

Correct Answer:- Option-C

Question84:-'Budhi' - intelligence is the function of

- A:-Pitta
- B:-Vata
- C:-Kapha
- D:-Ojus

Correct Answer:- Option-A

Question85:-Time for giving 'Virechana Dravya'

- A:-Before kapha kala
- B:-During kapha kala
- C:-After kapha kala
- D:-Any time

Correct Answer:- Option-C

Question86:-Which rasa pacifies (Kshaya) both vata and pitta?

- A:-Madhura
- B:-Amla
- C:-Lavana
- D:-Tiktha

Correct Answer:- Option-A

Question87:-Length of Dhumanetra used for 'Snehana'

- A:-24 angula
- B:-32 angula
- C:-40 angula
- D:-42 angula

Correct Answer:- Option-B

Question88:-In a 'Shiro Rogi' karna poorana should be done for

- A:-500 matra
- B:-600 matra
- C:-800 matra
- D:-1000 matra

Correct Answer:- Option-D

Question89:-'Manasika Rogas' are caused by the vitiation of

- A:-Satwa-Raja
- B:-Satwa-Tama
- C:-Raja-Tama
- D:-Tama

Correct Answer:- Option-C

Question90:-Lepana applied over an area of insect bite should be

- A:-Ushna
- B:-Sheeta
- C:-Kavoshna
- D:-Sama Sheetoshna

Correct Answer:- Option-B

Question91:-Skin eruptions occurring after 'Vamana Karma' indicates

- A:-Ayoga
- B:-Atiyoga
- C:-Kushta
- D:-Samyak Yoga

Correct Answer:- Option-A

Question92:-'Hridaya Spandana' and 'Twak Rokshya' are the features of

- A:-Hridroga
- B:-Kushta
- C:-Vata Vyadhi
- D:-Pandu

Correct Answer:- Option-D

Question93:-'Bala' obtained by exercise is known as

- A:-Sahaja Bala
- B:-Kalaja Bala
- C:-Yukthikrita Bala
- D:-Ojo Bala

Correct Answer:- Option-C

Question94:-'Nasya Karma' should not be done for those who are below the age of

- A:-5 yrs
- B:-7 yrs
- C:-10 yrs
- D:-12 yrs

Correct Answer:- Option-B

Question95:-Auxillary body temperature differs from oral temperature by

- A:-1°C < oral
- B:-1°C > oral
- C:-2°C < oral
- D:-2°C > oral

Correct Answer:- Option-A

Question96:-During hot climate 'Sneha Karma' should be done during

- A:-Early morning
- B:-Morning
- C:-Evening
- D:-Night

Correct Answer:- Option-D

Question97:-Which are the types of 'Langhana'?

- A:-Kshut-Trishna Nigraha
- B:-Shodhana-Shamana
- C:-Vamana-Virechana

D:-Upavasa

Correct Answer:- Option-B

Question98:-Watching mobile phone in a dark room is an example of

A:-Ayoga Darsana

B:-Atiyoga Darsana

C:-Mithyayoga Darsana

D:-None

Correct Answer:- Option-C

Question99:-Which one is an example of communicable diseases?

A:-Asthma

B:-Diabetes

C:-Cancer

D:-AIDS

Correct Answer:- Option-D

Question100:-Which rasa is contraindicated in 'Shopha'?

A:-Lavana

B:-Madhura

C:-Tiktha

D:-Katu

Correct Answer:- Option-A